

STUDIO SCHEDULE

COURSES & CLASS TIMETABLE

MON	09.30 - 10.30 AERIAL HOOP COURSE WITH KAYLA	10.45 - 11.45 AERIAL HAMMOCKS (PAYG/BLOCK) WITH KAYLA			6.15 - 7.15 POLE FLOW CHOREO WITH DANNI	7.30 - 8.30 POLE DANCE & FITNESS BEG/IMP WITH DANNI	8.30 - 9.30 POLE FLOW COMBOS PAYG/BLOCK WITH DANNI
TUE	09.30 - 10.30 STRETCH & STRENGTHEN (PAYG/BLOCK) WITH KAYLA	10.30 - 11.30 POLE DANCE & FITNESS COURSE WITH KAYLA		4.30 - 5.30 KIDS HAMMOCKS WITH KAYLA	6.10 - 7.10 AERIAL HAMMOCKS WITH ANNALIE	7.15 - 8.15 AERIAL HAMMOCKS WITH ANNALIE	8.30 - 9.30 AERIAL HOOP MIXED ABILITY WITH KAYLA
WED					6.00 - 7.00 AERIAL HAMMOCKS WITH DANNI	7.15 - 8.15 POLE DANCE & FITNESS INTERMEDIATES WITH LISA	8.30 - 9.30 POLE DANCE & FITNESS BEG/IMP WITH CHARLIE
THU					6.15 - 7.15 AERIAL HOOP MIXED ABILITY WITH LISA	7.30 - 8.30 AERIAL HOOP MIXED ABILITY WITH LISA	8.30 - 9.30 AERIAL HOOP MIXED ABILITY WITH KAYLA
FRI	09.30 - 10.30 POLE DANCE & FITNESS BEG/IMP WITH CHARLIE		11.30 - 1.30PM DROP IN OPEN TRAINING	5.15 - 6.10 KIDS POLE & HOOP WITH KAYLA	6.15 - 7.10 KIDS AERIAL HOOP WITH KAYLA	7.30 - 8.30 POLE DANCE & FITNESS BEGINNERS WITH KAYLA	
SAT	10.00 - 11.00 POLE DANCE & FITNESS MIXED ABILITY WITH LISA	11.15 - 12.15 POLE DANCE & FITNESS INTERMEDIATE WITH LISA	VARIOUS CLASS / WORKSHOP / DROP-IN / MASTERCLASS / PRIVATE / PHOTOSHOOT	AVAILABLE FOR PARTIES	AVAILABLE FOR PARTIES	AVAILABLE FOR PARTIES	AVAILABLE FOR PARTIES
SUN	VARIOUS CLASS / WORKSHOP / DROP-IN / MASTERCLASS / PRIVATE / PHOTOSHOOT		SEE BOOKING SYSTEM FOR DETAILS	AVAILABLE FOR PARTIES	AVAILABLE FOR PARTIES	AVAILABLE FOR PARTIES	AVAILABLE FOR PARTIES